

# 2024 Fitness Festival

Montgomery County

October 13th - 1:00 PM to 4:00 PM

Hosted by: **Temple Emanuel** - 10101 Connecticut Ave., Kensington, MD 20895

**DEMO  
FITNESS  
CLASSES**

Fitness Classes begin at 1:05pm

FREE Snacks & Water



**LIVE  
MUSIC**

Goodie Bags!

**GUEST  
APPEARANCES!**

**VENDORS**

Many local businesses that support people with disabilities!

**AWARDS**

**RAFFLES  
SILENT AUCTION  
PRIZES**

**FREE**

Admission Tickets

RSVP Now!



[www.spiritclubfoundation.org/events](http://www.spiritclubfoundation.org/events)



**SPIRIT CLUB**  
— FOUNDATION —  
making fitness accessible



**Proceeds Raised at this Event Support our Scholarship Program**