



**WHAT
MOVES
YOU?**

**KENSINGTON
FITNESS
FESTIVAL**

SUNDAY, JULY 28

1-4 pm • SPIRIT CLUB FITNESS CENTER

10417-B Metropolitan Ave. • Kensington, MD • 20895



**Free refreshments, fitness activities,
health & wellness demos, music,
silent auction, raffle & more!**

FOR MORE INFORMATION CONTACT STEVE ALLEN AT (240) 204-1144 • SALLEN@SPIRITCLUBFOUNDATION.ORG